



## NATURAL LIVING THERAPIES

Fusion Maia provides the keys to living naturally. All Maia Spa treatments are accessible to all guests at no extra cost. Fifty talented wellness specialists offer a range of healing massages, wraps, body polishes and facials, plus classes including yoga and meditation. It's all part of our Natural Living program, encompassing spirit-lifting activities, nourishing cuisine and practical ideas curated into our color-coded Seven Daily Practices. From the bright daisies to the bike excursions, our holistic approach to wellness ensures you take the Fusion Feeling home, bringing balance to your daily life.

### Feel free

This synergistic blend of Lime and Peppermint essential oils helps to revive and sharpen the senses, fight fatigue and uplift your mood.

UPLIFTING



### Enjoy nature

This synergistic blend of Camphor, Pine and Wintergreen essential oils is fresh and cooling with anti-inflammatory properties effective for relieving sore muscles and joints.

REFRESHING

### Eat well

This synergistic blend of Sandalwood, Sweet Orange, and Lemon essential oils promotes a sense of well being with stimulating properties that help to improve sluggish digestion and poor circulation.

NOURISHING



### Be active

This synergistic blend of Sweet Orange, Lemon, Tea Tree, Rosemary, Frankincense and Sandalwood essential oils strengthens natural defenses and boosts lethargic immune systems.

ENERGIZING

### Get social

This synergistic blend of Lavender, Mandarin, Patchouli, Marjoram, Geranium, and German Chamomile essential oils is grounding and promotes a sense of inner peace and confidence.

BALANCING

### Act mindfully

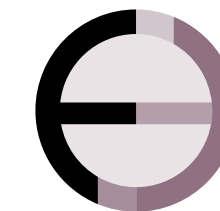
This synergistic blend of Sweet Orange, Bergamot, Patchouli, Grapefruit, and Ylang Ylang helps to reduce stress and encourage a tranquil, relaxed state.

CALMING

### Open your mind

This synergistic blend of Lavender, Sweet Orange, Patchouli, Ylang Ylang, Jasmine and Sandalwood has anti-depressant properties that assist in promoting optimism.

AWAKENING



FUSION MAIA  
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## ALL-INCLUSIVE SPA MENU



SHARE OUR PASSION



<div>TOUCH THERAPIES</div>	<div> <div> <div>NATURAL LIVING MESSAGE</div> <div>50 MIN</div> </div> <div>A warm, relaxing welcome to Maia Spa, this fusion of ancient Eastern healing and holistic aromatherapy, creates a deeply restorative and - customized with one of our seven signature essential-oil blends-individual experience.</div> </div> <div> <div> <div>BE ACTIVE THAI FUSION MESSAGE</div> <div>50 MIN</div> </div> <div>In this yoga-session-without-all-the-work, your agile therapist combines assisted stretching with deep pressure, stimulating the body's natural healing by unleashing the flow of blocked energy.</div> </div> <div> <div> <div>BALANCING FOOT MESSAGE</div> <div>30 MIN</div> </div> <div>It may be a treatment for your feet, but you'll feel the goodness everywhere. Applying pressure on the foot reflexes with a white-tea lotion relieves swelling, improves circulation and restores balance.</div> </div> <div> <div> <div>CALMING BACK, NECK &amp; SHOULDER MESSAGE</div> <div>30 MIN</div> </div> <div>Let us take the weight off your shoulders... back and neck and spine. Muscular tension is often linked to our state of mind, so relax with this strategically targeted de-stressing therapy.</div> </div>	<div> <div> <div>OPEN YOUR MIND HOLISTIC HEAD THERAPY</div> <div>30 MIN</div> </div> <div>This brain-power therapy covers the whole scalp, encouraging circulation and the flow of oxygen and nutrients. Bonus: the follicular stimulation promotes hair growth, too.</div> </div> <div> <div> <div>UPLIFTING WARM PRESSURE THERAPY</div> <div>50 MIN</div> </div> <div>Set your muscles free with this delectable warm coconut oil-enhanced fusion of Ayurveda and Swedish techniques, which improves circulation and releases stress.</div> </div> <div> <div> <div>NOURISHING HAND RELAXATION THERAPY</div> <div>30 MIN</div> </div> <div>Technology can be your hands' worst enemy. Renew them with this therapy and white-tea mask, which relieves manual tension from computer and phone use, and nourishes the skin.</div> </div>	<div> <div> <div>IN-TENSE THERAPY</div> <div>30 MIN</div> </div> <div>That knot, ache or tightness? We're going in. Using strong pressure and elbow techniques, this therapy focuses on stress points, providing in-depth attention to the specific area to de-activate your tension.</div> </div> <div> <div> <div>MINDFUL ENERGY THERAPY</div> <div>50 MIN</div> </div> <div>Relax, we've got you covered. The therapist's gentle touch is going to mindfully balance energy in your body. Feel the intuitive touch as it heals your body and calms the mind. Ideal for stressful days or sleepless nights.</div> </div> <div> <div> <div>THE FUSION FEELING</div> <div>120 MIN</div> </div> <div>What a feeling! This signature therapy is a healing gift from our therapists designed to guide your mind and body through this nurturing experience. Gentle touch of holding hands, brushing stress away, synchronized breathing and a guided meditation in a holistic fusion for body, mind and spirit. A relaxing flow of energy that is a celebration of feeling that will leave a lasting impact.</div> </div>	<div>FACILITIES</div> <div> <div> <div>Activities &amp; Workshops:</div> <div>Participate in one of our daily activities and workshops. Ask Spa reception for an updated Natural Living Activities schedule.</div> </div> <div> <div>Relaxation Pavilions:</div> <div>Laze in one of the four pavilions located in our tropical garden before or after your spa treatments.</div> </div> <div> <div>Spa Swimming Pool:</div> <div>Take a refreshing swim in the spa pool the tropical garden. Feel the power of the waterfall, and enjoy the gentle underwater massage jets.</div> </div> <div> <div>Daily Flavours:</div> <div>Savor the variety of our daily-changing aromatherapy oils, colors, flowers and complimentary teas and water infusions.</div> </div> <div> <div>Spa Library:</div> <div>Browse through our collection of health and wellbeing books at leisure, while enjoying fresh fruits or your selection from the Wellness Tea menu by Ronnefeldt.</div> </div> <div> <div>Steam Bath &amp; Sauna:</div> <div>Unwind in the warmth of the steam rooms and saunas to promote muscle relaxation and eliminate toxins from the body.</div> </div> <div> <div>Yoga Room:</div> <div>Join our introductory yoga and meditation classes held in the spa and on the beach. Ask reception for an updated Natural Living Activities schedule.</div> </div> </div>	<div>MAIA SPA</div>
<div>BODY CARE</div>	<div> <div> <div>YOGHURT SPLASH</div> <div>30 MIN</div> </div> <div>This treatment is simply parfait! Cleanse and condition your skin with a refreshing yoghurt splash blended with your choice of tropical fruit - sweet orange, fresh guava or cool cucumber - to leave skin silky.</div> </div> <div> <div> <div>BODY SCRUB</div> <div>45 MIN</div> </div> <div>A fountain of youth for your skin, this therapy uses aromatherapy blends and strong, dry exfoliates-choose dry bamboo fiber, green tea or jasmine buds - to remove dull skin and boost circulation for a radiant glow.</div> </div> <div> <div> <div>FLORAL POLISH</div> <div>45 MIN</div> </div> <div>We're all about flower power. Pick fresh rose petals or the daisies of the day for your gentle and fragrant exfoliate which polishes the skin and increases blood circulation, resulting in a natural glow.</div> </div> <div> <div> <div>BODY ENVELOPE</div> <div>45 MIN</div> </div> <div>We've got skin-healing all wrapped up. Luxuriate inside an envelope of mineral-enriched mud, aloe skin repair or healing coconut clove to replenish moisture and nourish your skin.</div> </div>	<div> <div> <div>SUPER SLIMMER</div> <div>50 MIN</div> </div> <div>Tone it down with this active massage focused on your upper arms, hips or stomach. Stimulating cells and incorporating aromatic slimming cream with active ingredients, this treatment firms, tones and restores skin elasticity.</div> </div> <div> <div> <div>AROMA FLOWER BATH</div> <div>30 MIN</div> </div> <div>Immerse yourself in simple luxury when we draw your private, tropical-flower bath filled with the fresh aromatic fragrance of your choice. This wind-down is ideal after a massage or body treatment.</div> </div>	<div>    </div>	<div>SPA ADVISORY</div> <div> <div> <div>Please arrive at least 10 minutes prior to your scheduled time to complete the check in procedures and to fully enjoy our facilities.</div> </div> <div> <div>If you experience high blood pressure, heart condition, allergies or other medical conditions, we suggest you consult your doctor before booking spa treatments.</div> </div> <div> <div>Robes, slippers, disposable underwear, towels, toiletries, lockers, showers, and hairdryers are provided.</div> </div> <div> <div>You may prefer to remove hearing aids, eyeglasses or contact lenses for greater comfort during spa treatments.</div> </div> <div> <div>For your comfort we recommend you allow an hour between your last meal and your treatments. We also suggest you avoid coffee or alcohol prior to any spa treatments.</div> </div> </div> <div> <div> <div>Men are recommended to shave about three hours before experiencing a facial treatment.</div> </div> <div> <div>Swimwear is to be worn at all times in the public spa pool, steam and sauna room.</div> </div> <div> <div>To maintain a relaxing and a quiet environment, mobile phones and other electronic devices must be turned off whilst in the spa facility.</div> </div> <div> <div>The spa does not take responsibility for loss or damage of any personal items so it is recommended you do not bring valuables into the spa.</div> </div> <div> <div>Children under 12 years old are not permitted in spa area. Between 13 and 16 years old, limited services are available.</div> </div> <div> <div>Smoking and alcohol consumption is not permitted in the spa facility.</div> </div> </div>	
<div>BEAUTY CARE</div>	<div> <div> <div>AROMATHERAPY FACIAL (FOR NORMAL &amp; COMBINATION SKIN)</div> <div>50 MIN</div> </div> <div>Even the healthiest skin needs a little TLC. This facial deeply nourishes and moisturizes your skin with 10 botanical extracts including powerful antioxidants. Blood circulation is boosted, to help detoxify and stimulate cell renewal for a clear, invigorated and smooth skin tone.</div> </div> <div> <div> <div>AROMATHERAPY FACIAL (FOR OILY SKIN)</div> <div>50 MIN</div> </div> <div>You'll feel just so fresh and clean after this treatment with Rosehip extract, which aids cell regeneration to create smoother, firmer-looking skin. The virgin cold-pressed carrier oils, with hydrating and antioxidant properties, assist in reducing visible signs of aging.</div> </div> <div> <div> <div>AROMATHERAPY FACIAL (FOR DRY &amp; SENSITIVE SKIN)</div> <div>50 MIN</div> </div> <div>Let us treat you with kid gloves. The rich botanical complex of 16 herb extracts helps to reduce irritation and inflammation. This gentle treatment also helps reduce water loss, enhances skin flexibility and rebuilds damaged skin tissue.</div> </div> <div> <div>All facials may be customized with an Intensive Eye Care or Luscious Lips treatment.</div> </div>	<div> <div> <div>AROMA HAIR THERAPY</div> <div>30 MIN</div> </div> <div>After a day swimming or sweating, revitalize your hair with a refreshing aromatic shampoo and conditioning followed by a light scalp massage. The hair therapy may be customized with basic hair styling (add an extra 20 mins)</div> </div> <div> <div> <div>MANICURE OR PEDICURE</div> <div>30-45 MIN</div> </div> <div>Just because you're at the beach doesn't mean you should bury your feet in the sand. This nail service begins with a soak followed by cuticle cleaning, nail shaping, and polish with your choice of OPI varnish.</div> </div> <div> <div>Natural Rendez-Vous, a French company with regional offices in Vietnam and in Japan, formulates and produces 100% natural hair and skin care products with active ingredients only, including synergic blends of therapeutic-grade essential oils. AZIAL line specializes in personal care and spa body products and Rendez-vous range offers a full line of facial products, all highly effective and containing no water, only freshly extracted aloe-vera gel.</div> </div>	<div>RECOMMENDED SPA FUSIONS</div> <div> <div>The Fusion Feeling - 120 minutes</div> <div>Floral Polish &amp; Natural Living Therapy - 95 minutes</div> <div>Be Active Thai Fusion Therapy &amp; In-Tense Therapy - 80 minutes</div> <div>Super Slimmer &amp; Aromatherapy Facial - 100 minutes</div> <div>Balancing Foot Therapy &amp; Pedicure - 95 minutes</div> <div>Nourishing Hand Relaxation Therapy &amp; Manicure - 75 minutes</div> <div>Body Envelope &amp; Uplifting Warm Pressure - 95 minutes</div> <div>Open Your Mind Holistic Head Therapy &amp; Calming Back, Neck, Shoulder - 60 minutes</div> </div>	<div>RESERVATION ADVISORY</div> <div> <div>Spa opens from 10:00 to 22:00 daily.</div> <div>Advance reservations are accepted for the first 2 treatments only, all other reservations can be made upon arrival at the resort.</div> <div>Spa treatments are accepted after check-in time (treatments starting from 14:00).</div> <div>Upon arrival guests can book 2 treatments (as per menu times) per day for entire stay. These pre-booked treatments generally apply to during off peak hours of 12:00-18:00.</div> <div>Additional treatments for the day can be booked after first 2 treatments have been completed and are subject to availability.</div> <div>Maximum 2 treatments sessions can be taken at one time. Time for refreshment is required before next session.</div> </div> <div> <div>For late arrival treatment time will be reduced and more than 15 minutes late without notice, will be automatically cancelled.</div> <div>For no-show on an appointment, there will be no entitlement to additional treatments booked on the same day.</div> <div>Spa treatments must be completed by 12 noon on the day of departure and thereafter will be charged at menu rates available at spa reception.</div> <div>Unfortunately no exchange, refund or transfer to other person for unused spa service.</div> <div>First spa bookings can be e-mailed to: <b>spabooking-dn@fusion-resorts.com</b> <b>For reservations dial 870</b></div> </div>	